Child & Adolescent

Grief Support Program

Mission Statement:

Improving the emotional health and well-being of grieving children and adolescents.

Why It's Important

Experiencing a death could be a major loss in a child's life. Although grief is a normal reaction to loss, children and adolescents grieve differently than adults and may struggle with unfamiliar feelings and reactions.

Counseling Services

Individual counseling is available for grieving children and teens in the community.

The program provides individual counseling services. Licensed grief counselors address the following:

➢ Typical responses to grief and loss
➢ Healthy ways to express, navigate, and cope with their loss
➢ Ways to remember and honor the person who died

Counselors use creative strategies to connect and create a supportive environment. They use discussions, hands-on activities and expressive outlets to help grieving children and teens.

Workshops and groups are also offered at various times throughout the year.

Interested parents and guardians can call 614-566-1728 or email youthgrief@ohiohealth.com to request services.

Support in Local Schools

Group or Individual Counseling

Since 2002 our school outreach team has provided individual and small group grief support services, approximately 6 to 8 sessions in duration in area schools.

Education

The school outreach team also provides education about grief, loss, trauma, and healthy coping skills specific to children and adolescents.

Interested parents and guardians must discuss with their child's school counselor to initiate services.

Areas Served

Our team proudly serves communities in Franklin, Delaware, Marion, Richland, Athens and Pickaway Counties.

OhioHealth