



John J. Gerlach
Center for

*Senior
Health*



OhioHealth

Thank you for choosing The John J. Gerlach Center for Senior Health

Our physicians are board-certified geriatricians who will work with you and your primary care doctor to address aging-related challenges through the geriatric consultation.

The John J. Gerlach Center for Senior Health is an Age-Friendly Health System participant. Which means that we are recognized as a leader in the movement committed to the care of older adults.

Steps in the Geriatric Consultation

1. Please complete and return the included forms.
2. An Initial telephone conversation with a clinical social worker. During this phone call, you and your preferred support person will have the opportunity to identify areas of concerns and discuss what matters to you. Your social worker can also start the process of referring you to community services (e.g. home care, delivered meals, counseling, etc.) at the time of the call.
3. A medical examination with a geriatric physician, a registered nurse and a licensed social worker. This appointment will last approximately 2 hours.

IMPORTANT: Please bring all your prescription medication, over-the-counter medications, vitamins and supplements, glasses, hearing aids, and ambulatory devices such as cane, walker, or wheelchair to the exam. We do have wheelchairs available on site.

Note that a referral from your provider is required before scheduling services at Gerlach. Additional testing may be required after the visit and follow-up appointments may be scheduled.



Riverside Methodist Hospital
John J. Gerlach Center for Senior Health
785 McConnell Dr
Columbus, OH 43214
(614) 566-5858 | F: (614) 566-1916

To learn more visit OhioHealth.com/Gerlach

IMPORTANT:

Complete and return forms

The following forms must be **COMPLETED AND RETURNED BEFORE the phone call with the social worker.** You may complete the forms within MyChart or return the forms via email to SeniorHealth@OhioHealth.com or fax the forms to **(614) 566-1916**.

- + **Pre-visit questionnaire**
- + **Family Exchange of Authorization Form** – if you wish to have your medical information released to specific support people, please list the names of your support people here, and sign the form.
- + **Physician Exchange of Information Authorization** – complete the highlighted areas; the patient or the designated Healthcare Power of Attorney (if patient is medically unable to sign) must sign this form. Please enclose a copy of the Healthcare Power of Attorney document if the patient is unable to sign.



How to prepare for your visit

Complete and return the included forms as soon as possible.



Please bring the following to your appointment:

- + Photo ID
- + Insurance cards
- + Advance directives (power of attorney for healthcare, living will)
- + Prescription medications in the original containers
- + Over-the-counter medications
- + Vitamins and supplements
- + Glasses
- + Hearing aids
- + Ambulatory assistive devices such as cane or walker that are currently used
- + Portable oxygen tank (If you use one. Oxygen is not available on site)

See enclosed map for directions to our office.

PLEASE NOTE: if you must cancel, please give as much notice as possible so that we can offer the appointment time to another patient. In order to ensure that your time with the geriatrician is effective, we may have to reschedule your appointment if you are more than 15 minutes late.

We encourage you to sign up for MyChart so you can manage and receive information about your health via the internet. We will happily assist you with MyChart sign up.

Frequently asked questions:

Do I need to bring a family member or other support person with me to the visit?

Yes, please bring one family member or one support person with you to the appointment. Up to two people may attend the consultation with you. Additional support people can be tele-conferenced into the visit if requested and after you sign a release of information form.

How much does this cost?

Our appointments are covered by most insurance plans including Medicare/Medicare Advantage plans. If you have a co-pay, the payment will be collected at the time of your visit. We accept credit card and debit cards. We can no longer accept cash or checks.

Will a memory evaluation be completed during the geriatric consultation?

This will be determined by the geriatrician - if appropriate a registered nurse or social worker will conduct a memory evaluation (paper and pencil test) at the beginning of the visit. The geriatrician will review the results with you during your appointment.

Will there be further testing or labs ordered?

Additional testing may be required after the visit. Our nurses will guide you through the process. You will also be given a written summary of follow-up appointments.

Should I bring over-the-counter medications and supplements with me?

Yes – please bring ALL of your medications and supplements in the original bottles to your appointment. The geriatrician will take a close look at these and how they may be affecting your cognition, memory, and general health.

Should I wear my glasses and hearing aids to the appointment?

Yes, these items will be helpful to you as you complete the evaluation.

Will the geriatrician share the recommendations and treatment plan with my primary care provider?

Yes, the geriatrician's and social worker's notes and recommendations will be shared with your primary care provider. You will also be able to view these notes within your MyChart portal. If there is something that you wish to remain confidential please notify the provider.

May my family and I meet with the social worker after the Geriatric exam?

Yes, social workers will be available to assist you and your family as needed with discussions about long term planning, community resources, caregiver education and support. Outside of the doctors' visit, additional social work visits can be scheduled in our clinic or concerns can be addressed by phone.

Will the geriatrician want to see me for a follow-up visit?

This is something you will decide with the geriatrician. Most of our patients return for a yearly follow-up. Some may return sooner. You are able to schedule your follow-up before you leave the clinic.

Directions

From the North

Take 1-71 south to 1-270 west to route 315 south. OR take route 23 south to 1-270 west to route 315 south. OR take route 33 south to 1-270 east to route 315 south. Follow route 315 south to the North Broadway exit. At the traffic light, turn right onto Olentangy River Road. McConnell Drive is approximately $\frac{1}{4}$ mile north of the Riverside Methodist Hospital campus on the west (left) side of the street. Turn left at the traffic light onto McConnell Drive and follow the signs to the Neuroscience Wellness Center.

From the South

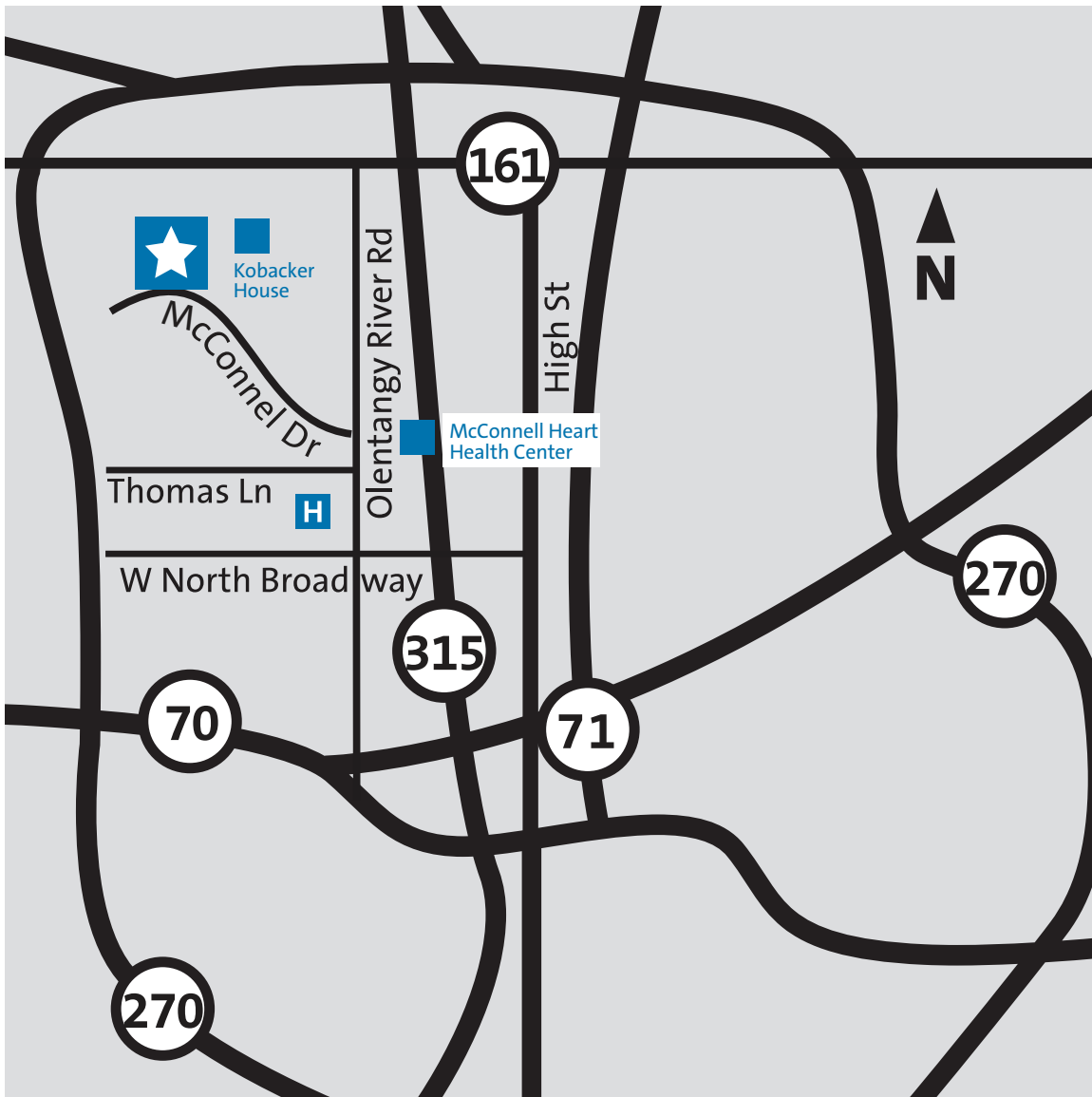
Take 1-71 north to route 315 north. OR take route 33 north to 1-270 west to 1-71 north to route 315 north. OR take route 33 north to 1-70 west to 1-71 north to Route 315 north. Follow route 315 north to the North Broadway exit. Bear right and continue to the traffic light at Olentangy River Road. Turn left onto Olentangy River Road. McConnell Drive is approximately $\frac{1}{4}$ mile north of the Riverside Methodist Hospital campus on the west (left) side of the street. Turn left at the traffic light onto McConnell Drive and follow the signs to the Neuroscience Wellness Center.

From the East

Take 1-70 west to route 315 north. Follow route 315 north to the North Broadway exit. Bear right and continue to the traffic light at Olentangy River Road. Turn left onto Olentangy River Road. McConnell Drive is approximately $\frac{1}{4}$ mile north of the Riverside Methodist Hospital campus on the west (left) side of the street. Turn left at the traffic light onto McConnell Drive and follow the signs to the Neuroscience Wellness Center.

From the West

Take 1-70 east to route 315 north. Follow route 315 north to the North Broadway exit. Bear right and continue to the traffic light at Olentangy River Road. Turn left onto Olentangy River Road. McConnell Drive is approximately $\frac{1}{4}$ mile north of the Riverside Methodist Hospital campus on the west (left) side of the street. Turn left at the traffic light onto McConnell Drive and follow the signs to the Neuroscience Wellness Center.



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